



First Dance UK Prepares 5,000th Couple for their Wedding Dance

- First Dance UK provides couples with unique routines to dance to their first song
 - Since 2003, the company has taught thousands of couples around the UK
- First Dance UK is the UK's leading wedding dance company, with over 300 Dance Teachers and Choreographers

London, 7th September 2010

First Dance UK (<http://www.firstdanceuk.co.uk>), today announces that it has trained its 5000th couple, the soon to be Mr & Mrs Gale who are getting married on the 17th September 2010. They have chosen First Time, by Leona Lewis, as their wedding theme and have been trained by First Dance UK over the past few weeks in preparation for their big day.

Set up in 2003, First Dance UK assists couples around the UK with making their wedding song and first dance a truly unique and memorable experience. With over 300 dance teachers and choreographers throughout England, Wales, Scotland and Northern Ireland there is always a teacher available to travel to a couple. First Dance UK provides coaching in the comfort of a couple's own home, covering a wide variety of dance styles including Salsa, Jazz, Ballroom and bespoke dance routines.

Choreographers and dance teachers help couples create an appropriate dance routine to suit their experience and their chosen song.

Mr. Gale commented:

"We chose First Dance UK as they offered the best package deal on lessons. We opted for the 5hr Standard package as it fitted in with our requirements. We found First Dance UK to be very polite, organised and helpful with our queries and best of all the dance teacher came to us. We will be doing a routine with a bit of Waltz, Quickstep and Jive. We have a little bit of everything and can't wait to show off our moves!"

Mr & Mrs Gale will be taking pictures and recording their dance lessons and first dance at their wedding. These will be available on the First Dance website page: <http://www.firstdanceuk.co.uk/>

Gemma Rogers, Director of First Dance UK said:

"To have had the opportunity to teach such a great number of couples a routine for their first dance, being one of the most special moments in their lives, is truly amazing. We've seen so many couples, who have never danced together before, realise their potential and take to the dance floor with ease. The feedback from our couples is always humbling, and is testament to the passion and care our dance teachers take to create the best first dance routine for each of them."

First Dance UK also offers dance lessons for Hen & Stag Parties, for fun night out or to learn a routine to your favourite song, maybe even to perform at the wedding reception.



Alternatively, dancing down the aisle is an up and coming trend. First Dance UK offers trial lessons and a variety of packages to allow a full routine to be learned.

For further information or to make a booking please visit the First Dance UK website:
www.firstdanceuk.co.uk

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Notes to Editors:

1. First Dance UK was created in 2003 and was the first national provider of wedding dance lessons
2. First Dance UK offers a bespoke service creating and teaching dance routines for couples on their wedding day, stag/hen nights and for group dances at wedding receptions
3. First Dance UK choreographers and teachers all have extensive dance and teaching experience, providing a high level of expertise and professionalism to clients

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